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Conserving the resource: whitebaiting season opens under scrutiny



DOC rangers Mike Ogle and Richard Brown talk with whitebaiters on opening. Photo: Nina Hindmarsh.

A cold and wet lead-up to the whitebait season, along with national forecasts of an average season ahead, did little to keep scores of keen fishers from their favourite spots on opening day last Saturday 15 August.

Despite a favourably high mid-morning tide, results were at best mediocre, with few fishermen managing to cover the bottom of their buckets.

"It nearly always starts off slow like this," said one fisherman along the Takaka River. "Got none yet."

The Department of Conservation is increasing its presence along riverbanks around the country this season. Local rangers Mike Ogle and Richard Brown have been out visiting the usual spots along the Takaka and Aorere Rivers and Motupipi Stream, where the bulk of whitebaiting is done in Golden Bay. Their job is to remind people of the rules.

"Our job here is to check that people are following the regulations during the season," says Mike. "But it's mainly all about education, really. It's about conserving the resource and giving everyone an equal chance."

In Golden Bay, the season runs from August 15 to 30 November. Whitebaiting is permitted between 5am and 8pm, and this will become 6am until 9pm when daylight saving comes into effect on 27 September.

Other rules include not blocking more than one third of the waterway, not being within 20 metres of any culvert; and not having fishing gear longer than 6 metres. Maximum infringement fines are \$5000.

Nina Hindmarsh

golden bay's news in brief

Golden Bay Kayaks

Channel One's *Kiwi Living* on Friday 21 August (tonight) will feature Golden Bay Kayaks as part of a segment on kayaking in Golden Bay and Abel Tasman National Park.

Submitted

Bullying prevention

For the last two years community youth worker Paul Johnson from SVS Living Safe, has been managing "Equaliser – The Bullying Prevention Project". is a school concert on Friday 28 August at Takaka Primary from 1pm with camp bands performing.

A public concert will be held on Saturday 29 August at the Village Theatre from 6pm-9pm featuring The Camp Song plus The Musical Vibes, The Bully-Free Zone, Charlotte Miller, Mudwood and The Hoard. The event is free entry, all-ages and alcohol-free. Submitted

Teenagers are reading

children's librarian Doris Symmons.

Congratulations to the book prize winners Ashley Thomas, Zoe Cain and Bethany Watson. Stella Bacci-Rowe and Jenny Spooner won the spot prizes.

Submitted

Coronial inquest

The GB Weekly invited the Nelson Bays PHO and the Nelson Marlborough DHB to provide information to the community about the inquest into the death of a patient at





5 Buxton Lane, Takaka T: 03 525 8222 www.building-supplies.co.nz Using music as the primary tool for working with young people, the project has engaged with over 300 young people across the Nelson-Tasman region. Youth have used their experiences with bullying as inspiration for writing songs and music.

A three-day music camp was held over Queen's Birthday Weekend at Tui Community in partnership with Tracks and Tides (The Rites of Passage Foundation). Since then three camp songs have been recorded at Wild Beet Studios in Takaka and have been included on an album, along with The Camp Song.

Equaliser events are scheduled across the Top of the South. The first of these events

Tasman District Library's "Unmask a Good Read" promotion for 12 to 17-year-olds during the July holidays massively bumped up the number of books being taken out by teens in Takaka.

The programme has been run before, but this year 514 books were issued compared to 244 last year. Takaka Library thanks its sponsors: Take Note and TDC provided prizes including books and spot prizes, while Golden Bay High School, Collingwood Area School, Fresh FM and *The GB Weekly* helped with the advertising.

"When you receive book reviews saying: 'This was the best book I've ever read,' or 'interesting story, makes me appreciate my life,' it is all worth it," says Takaka Library's

Golden Bay Community Health.

They provided the following statement: "Nelson Bays Primary Health is assisting a police investigation into the death of an elderly patient at Golden Bay Community Health.

"The Nelson Marlborough District Health Board is working closely with the PHO to provide any and all support to the police investigation on behalf of the Coroner.

"As this matter is the subject of an investigation, we are unable to comment further at this time.

"We will continue to work closely with the Coroner and police."

Vienna Richards, NMDHB communications manager



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bay man organises aid to stricken nepal

Thomas Rabosky is often known by locals as Taj. His nomadic adventures have taken him trekking through the Himalayas, hitch-hiking across China and Mongolia, and cycling around Europe.

The generosity and hospitality he has received in many countries, especially Nepal, is forever etched in his heart and mind. Since the Nepal earthquake that totally devastated the village of one of his closest friends, his determination to return their kindness has swelled. Taj's fundraising is making life possible for some Nepali survivors.

The magnitude 7.8 earthquake that hit Nepal on 25 April killed more than 9,000 and injured over 23,000. It was Nepal's worst natural disaster since the 1934 Nepal–Bihar earthquake. An aftershock on 12 May took many more lives and injured



Thomas (Taj) Rabosky holds a picture of orphaned children amongst the rubble in his friend's village in Nepal, following April's earthquake. Photo: Rae McDowell.

many more lives and injured thousands more.

One of the hardest-hit districts, Kavre (three hours east of Kathmandu), was the home of Achni Dev (Taj's "brother"). Much of the remote village of Bhumlutar was reduced to rubble. About 80 per cent of houses were severely damaged. Achni Dev sent many emails and photos of the devastation in his village, which once comprised around 500 houses and 2,500 people. Sixty-eight people and 473 animals perished.

"Many families lost everything. Most families, including Achni Dev and his wife, parents and grandparents, lived under trees for weeks until the aftershocks stopped and had little, if anything, to return to." The only outside assistance the village has received since was some bags of rice from the army when it came to look for survivors.

Taj's heart went out to his dear friend, whose university studies he helped to fund. When disaster struck, Achni Dev was working as a teacher in his home village; his wife miscarried their child in the event.

Taj first met the "super-happy teenager" during visits to an ashram where Achni Dev was a disciple. "He studied during the day in Banepa and spent the rest of his time milking the cows, cleaning the grounds, playing music and taking care of the two gurus who ran the ashram. No matter the situation, Achni Dev was a shining example of positivity, light, and inspiration."

Initially Taj and few friends in Golden Bay donated \$450 by electronic transfer. "In the true spirit of a cohesive Nepali village, Achni Dev used the donation to help provide elderly widows, young orphans, and homeless villagers with tarps, mosquito nets, food, medicine, and medical help." Achni also purchased rice and dhal for villagers who lost their homes and food supply. To date, \$1,377 has been sent to Bhumlutar village (\$927 of which has been donated by generous people in the Bay). "Achni Dev has become a beacon of hope in his village," says Taj.

Due to work commitments in New Zealand, Taj isn't able to travel to Nepal. Though the situation weighs heavy on him, he is pleased to witness how much difference a relatively small sum can make.

Despite the conditions, villagers in Bhumlutar have managed to plant rice before the July-September monsoon season, which brings heavy rains and cold nights.

"Losing one to two months of planting and harvest

are scarce in rural Nepal and opportunities to make money usually come from trekking or working in Kathmandu (both tough options these days). Supplementary foods like lentils, eggs, wheat, millet, barley, and rice will be very helpful until they can get enough food in the ground."

It was the legendary scenery of "the roof of the world" that initially attracted Taj to its high-altitude trails. Before long, though, the mountains rated second to the inhabitants, who offered chasms of learning in what it means to be generous, kind, hospitable and loving. "My heart became intertwined with the hearts of the Nepali people."

"They often have so little (in material terms, at least), yet invite a stranger into their home...and offer everything they can unconditionally and graciously."

A one-hundred dollar donation can provide enough for one Nepali family to get started again. This includes a tin roof (\$70), food (\$14), mosquito net (\$6), blankets (\$5), water bucket (\$3), and medicine (\$2). Funds sent through Taj have also been used to treat seven village children with pneumonia at a local hospital. Money can also be used to purchase animals such as chickens, goats and cows, to help provide protein, especially for children.

Two Golden Bay families who also survived the same quake are also raising money, and joint fundraising is possible in the near future, says Taj. In July, Rachel Parkes spoke at Takaka Library, showing slides taken while trekking with her husband during the earthquake. Their party had a narrow escape from rock falls.

The next fundraising effort to help Bhumlutar village is a screening of *Beyond the Edge* - the story of Sir Edmund Hillary's life and his ascent of Mt Everest with Sherpa Tenzing Norgay in 1953. Rialto Distribution offered a free showing of the film.

"Sir Edmund Hillary, for decades, raised funds through the Himalayan Trust to build schools and infrastructure. It is another worthy cause worth supporting which directly helps the Solu Khumbu (Everest) region," says Taj.

The film screens at The Village Theatre on Monday 31 August at 7pm.

"Entry is at your discretion—give what you can (\$10 adults/\$5 kids is suggested). Yummy snacks, raw desserts, and Nepali masala chai tea will be offered for koha at intermission. Come along and help return some of the love the Nepali so desperately need during this difficult time." Taj can be reached on 022 158 7907 for any questions or donations.

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time presents a risk that these families will struggle to feed themselves, while also needing to invest time rebuilding. Jobs or c

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Rae McDowell



anti-tPP a crowd sends signal to government



Those opposed argue that, should the deal go ahead, New Zealand's economy, environment, healthcare, intellectual property and workers' rights could all be put at risk due to foreign investors' tentacles extending into our democracy. Photo: Jay Horton.

"TTPA GO AWAY, STAY LOCAL IN GOLDEN BAY!" read a large placard on the Village Green on 15 August.

Around 250 protesters met there to rally against the controversial Trans-Pacific Partnership Agreement (TTPA), as part of the largest series of nationwide demonstrations New Zealand has seen in years. Over 25,000 Kiwis protested in 21 cities and towns around the country.

The high numbers in Golden Bay featured in the national news alongside protests in the country's biggest cities. Proportionally Golden Bay had the largest nationwide turnout.

The Government's secrecy over its trade negotiations between New Zealand, the USA and 10 other Pacific Rim nations has seen many Kiwis screaming out for answers. Talks between trade ministers have stalled due to disagreements between New Zealand and Canada over the dairy industry, and Japan and the US over the auto industry.

The 30-chapter agreement is the largest economic treaty in history, and intends to increase New Zealand's GDP by US\$2 billion by the year 2025, and involve 40 per cent of the world economy.

Those opposed argue that, should the deal go ahead, New Zealand's economy, environment, healthcare, intellectual property and workers' rights could all be put at risk due to foreign investors' tentacles extending into our democracy.

Many are concerned about the implications the deal will have over ordinary Kiwis. Law professor Jane Kelsey from Auckland University of Technology said (Radio Live, 26 July) that this agreement has very little to do with real old-fashioned trade as we know it.

"Increasingly, these agreements are designed to put handcuffs on the future policy decisions of governments in areas that have nothing to do with trade," she said.

Around 20 speakers expressed their deep concern at the Village Green protest, many voices with the same message: It's not that they are against trade.

"What we're opposed to is the secretive investor tribunals," explained one of the organisers, Wanda Shaw. "We are going to lose our sovereignty, without a doubt. Large corporations are litigating countries into submission around the world.

People have only got to look around the world at the other treaties."

Examples cited over the last decade include tobacco giant Phillip Morris currently suing Australia in a secretive international tribunal in Singapore for "damage" to its name and brands caused by the county's plain-packaging regime. More than \$50 million of taxpayer money will go into Australia's defence on the grounds of health); oil company Chevron is fighting Ecuador for attempting to evade a multi-billion-dollar compensation ruling for polluting the environment; and Canada is being sued by a pesticide company for banning their toxic products.

"If we wanted to become GMO-free, for example, Monsanto could sue us to open up our gates," Wanda explains.

Speakers at the Village Green included Councillor Martine Bouillir, who stated that "there's a place to stand up and say 'No!'". She also said councils are deeply concerned and are "starting to take this on", with Tasman being one of many nationwide to adopt the 12-point resolution to protect local democracy.

Many voiced their despair about John Key and Tim Groser.

"In the time of this government," said Karen Brookes, "we've just seen everything slip-sliding away—health, education, environment, etc— and now we come to the TTPA. What I'd like to see is a vote of no confidence in this government."

Steve Wilkinson said the push to sign the TTPA was nothing short of corporate robbery.

"If Labour was in government they would be the ones pushing this through, too. The only avenue left for us as New Zealanders is to challenge the non-governing parties to walk out of government."

A traveller (who gave only the name Julia) spoke of her disappointment in the TransAtlantic Trade and Investment Partnership (TTIP) that her home country, France, is being pushed to sign. "Maybe you feel isolated because you live on islands. I just want to share with you that you're not alone - we fight in other parts of the world too. It's not only local; it's really global."

Liz Thomas expressed her frustration. "I'm really angry and it's time we stand up and make our voices heard. This is the future of our children and grandchildren. Once they sign this there's no going back."

Accompanying the speakers were local artists such as wordsmith Redwood Reider, who spun a powerful poem of protest, and musicians such as Jae Byrd and Carlos Riegelhaupt.

Despite the unmistakable signal sent to government around the country, Trade Minister Tim Groser and John Key have since dismissed the protest rallies as being both the product of "hard-core" protesters, and people who were "misinformed" about the deal.

"It was outrageous that Tim Groser dismissed protesters in the manner that he did," says protest co-organiser Victoria Davis. "His comments are unsubstantiated and this was in fact a huge turnout."

The US consulate has posted a travel advisory to US citizens in New Zealand, urging them to avoid the protests as demonstrations could potentially become confrontational and turn against US interests. According to Victoria, this was "significant".

"They don't want these protests to happen," she said. "That means the protests are doing some good. They want to shut us up and dismiss us. We're here to tell them that this is an issue that you don't dismiss. If they keep ignoring us, we just have to keep the noise up until we feel heard."

Protest organisers and helpers included Wanda Shaw, Amy Soulfire, Sacha and Jay Horton, Victoria Davis, Starrlite McLean and Owen Crafar, and Jo Campbell.

Nina Hindmarsh



GBHS Student of the Week

Year 9 students have been writing and presenting speeches as part of their English programme. Trinity Mohua impressed with a challenging and thought -provoking speech about bullying which she delivered to the whole school assembly. She has earned recognition as student of the week for this achievement.



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letters

Thank you

After three years as the RTLB based in beautiful Golden Bay, with two-and-a-half years as a practice leader in the Nelson Bays Cluster, it is time for me to seek new professional challenges. I have gained many skills from working in this unique rural, remote area of New Zealand and especially appreciated having the opportunity to develop personal leadership and organisational skills.

I have enjoyed working with wonderful RTLB colleagues, practice leaders from the South Island, with the principals, teachers, support staff, families of Golden Bay, along with local and Nelson-based professionals, and most importantly with many amazing students – you know who you are.

I also appreciate that I have had the most wonderful neighbours Helen and Nancy and Bonnie my hairdresser.

Thank you all for your love and support. I will treasure the time spent in this "golden" place as I look to my future.

Hazel Oates, B.Ed. Hons Special Educational Needs, Post Grad Diploma in Education Studies

Saturday Night Fever

I am just wanting to clarify as there has been some confusion around the upcoming Saturday Night Fever this Saturday at the High School hall. This is an adult-only event, a fundraiser for Home and School.

There is a primary school-aged disco at the same venue this evening, Friday 21 August, between 5 and 7pm. This is a fundraiser for the sports teams to help with funding for their tournaments.

I hope this clarifies the two events and we hope for plenty of community support at both events.

Tickets still available on Saturday 22 August at De-Lish Delicatessen till 2pm, limited door sales at the hall on the night. Many thanks.

Caroline Jones, on behalf of GBHS Home and School

Rev Fr Larry Barnett's 60th birthday

Many of you will know Fr Larry (son of Skeet and brother of Paula), and will have been at his ordination and also celebrated his 25 years as a priest.

Fr Larry works with the people in the mountains of Taiwan. He will be having his 60th birthday in September. A fundraiser is happening for a monetary birthday present from Golden Bay. If you would like to contribute please put your donation in an envelope labeled "Fr Larry" and leave at Bird's Gift Emporium. Thank you.

Sheryl Nalder

NOW ON

OF AUGUST

TPPA

Congratulations to the TDC for being one of the councils to pass a resolution on the TPPA. The 13-point resolution covers many aspects of concern, including the right to procure goods and services locally, the ability of government to protect public health, the environment and workers' rights without being sued by multinational corporations, and, most importantly, the right of people to know what's being signed on their behalf.

The strength of feeling about the TPPA was clear on Saturday when over 200 people gathered at the Village Green to voice their concerns. People support trade - fair trade - but

by mariposa

are justifiably suspicious about a secret agreement which is more about corporations telling us what we can and can't do.

The deal on dairy seems to be slipping away, and we're told that medicines will cost more after all. John Key was reported as saying "for consumers that won't make any difference because, you know, on subsidised drugs you pay \$5 for your prescription so the Government may incur slightly more costs there." Does he think we're stupid? The extra money won't come out of his pocket, it'll be paid for by taxpayers, and guess what – that means you and me, the "consumers".

Tim Groser arrogantly dismissed the rallies as misguided people and hard-core protesters who had opposed every trade agreement New Zealand had signed.

It's time for people to demand that government shows us the deal and asks us if we want them to sign on our behalf. Liz Thomas

Election 2017

TPPA, asset sales, GMO, oil and mineral exploitation, the list is endless.

Last Saturday I, along with many others locally and nationally, attended yet another protest against our heavyhanded government's dealing re the impending TPPA decision.

This needn't be. At the last election we lost our way. It was always going to be a close call. We now know over 30 per cent of eligible voters didn't even bother to vote, but the reason we have parliament's make-up today is because a lot of people still didn't use the MMP voting system to best effect.

By voting on emotive subjects, for example here in the Bay, 1080 and cannabis parties and numerous others nationwide this dilutes the effectiveness of MMP.

People need to use their votes wisely to ensure a more democratic, humanitarian and environmentally aware government, looking after our interests and not the big multinationals.

The time to vote for these fringe issues is when we have a more understanding government in place.

TPPA petition

Those who have concerns regarding the proposed TPPA, please go to www.sumofus.org and sign the petition asking for John Key to publicly debate a TPPA expert. At least 25,000 Kiwis want trade safeguards on all levels.

Victoria Davis

Peter Barrett

LETTERS NOT PRINTED THIS WEEK

All submitted letters were printed this week.

The GB Weekly welcomes letters to the editor. Please email your letter to us. Include the writer's full name, home address and daytime phone number. Letters will be printed over the name of the writer; names are withheld only when compelling reasons can be established. Letters should not exceed 250 words. Letters that are too long might not be considered. All correspondence is at the discretion of the manager, who reserves the right to decline, edit, or abridge letters without explanation.

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special daffodil day for nicky this year

Nicky Baird has a whole new attitude to Daffodil Day. With recent experience of the Cancer Society's work, the popular Fresh Choice team member is committing a lot of energy to the society's annual fund-raising and awareness campaign. That is why she agreed to participating in this story.

"The last couple of years I've helped out on the Daffodil Day stall for a couple of hours. I always knew the money went to support cancer research but I've found out recently that it goes towards a lot of other things as well."

Nicky was diagnosed with breast cancer after a mammogram in April. She underwent surgery in June



Nicky Baird: "I'm so grateful for the Cancer Society's support; I'm happy to tell my story to give something back." Photo: Neil Wilson.

to remove a 12mm tumour and has recently returned from a four-week stint of radiotherapy in Christchurch.

"I was lucky that the mammogram picked up the problem so early. The four different radiologists who read the test recommended a magnified mammogram, an ultrasound test and a biopsy."

Nicky returned to work while agonising for a week over the results of the biopsy.

"I went to work because it helped to try and keep my mind off it some of the time. A few of my workmates knew what I was going through and that helped. Management at work have been marvellous too."

When she got the news that she had a tumour, Nicky was reassured a little by the fact that her cancer was "low-grade and slow-growing".

"I was told that these days a cancer diagnosis is not necessarily all doom and gloom and I was scheduled for surgery in June."

Nicky had an appointment with her surgeon which provided plenty of information. "She showed me diagrams and my mammograms and the results of the biopsy, so I knew where I was and what was likely to happen. I was given the choice between having a mastectomy and having the tumour removed. I chose to have the tumour removed. '

Through her community connectedness Nicky knew about the workings of the Fit Flamingos. This group offers support through exercise and fellowship to women cancer patients.

"I'd seen people go through the cancer journey and survive and I knew there was lots of support here in the Bay. I didn't think I'd need much help from the Cancer Society."

That perception changed when Nicky was required to report for her daunting four weeks of radiotherapy in Christchurch.

"I was going to stay at Daffodil Lodge in Riccarton Road. It's one of the two places the Cancer Society has in Christchurch. It blew me away how many people they help. They have over 40 units but they're nearly always full so sometimes the Cancer Society has to put people up for a few days in the motels next-door. That's an extra cost the Cancer Society has to incur."

Being away from home for such a long time required some serious planning. Nicky packed her electric wok and her George Foreman grill so that she could cook the way she likes to at home.

"When I got into my unit in Daffodil Lodge I found that there was an electric wok and a George Foreman grill there already. They really think of everything. It's marvellous."

Nicky was also impressed with the information and care she got from the Radiation Oncology Department in Christchurch. Now home and recuperating, she is looking forward to getting back to work soon and continuing to participate in Fit Flamingos sessions. She says she is a satisfied customer of the health system and regards herself as lucky to have missed out on chemotherapy and more major surgery.

With her courage, humility, common-sense and gratitude, Nicky Baird now wants to encourage people to think about the Cancer Society's major campaign next Friday.

"It's not about me blowing my own trumpet and it's not just about the money. I'm not trying to guilt people into donating. I'm so grateful for the Cancer Society's support; I'm happy to tell my story to give something back."

Neil Wilson

Daffodil Day in Golden Bay next Friday

It will be business as usual for Daffodil Day in the Bay next week, says spokesperson Sharon McConnon.

"We'll have three stalls next Friday- one in Collingwood, one at Take Note and one at Fresh Choice. They'll be manned by volunteers from 9am onwards. The last one, at Fresh Choice, will continue until 6pm."

People wanting to support the cause can get information, merchandise and daffodils from the stalls in return for a donation.

Daffodils from Diane Sixtus' garden are on sale at the GB Garden Shoppe and the proceeds go to the Cancer Society. Anyone wishing to donate daffodils for sale on the stalls should contact Sharon on 525 8800 in business hours.



sales wizard! balancing success with lifestyle and community: annie telford



After 20 months at First National, Annie's dedication and amicability have resulted in her being involved in 20 property sales. A great track record for any sales consultant new to the real estate industry. Last month, she sold four properties, three in one week!

"That those sales happened in succession was coincidental, people don't realise how much work we put in" Annie replies humbly - one of the sales had been under contract for 4 months.

Annie was tentative when she first ventured into real estate; she was wary of the long hours involved, essentially "having to be available 24 hours a day".

"We moved to the Bay because Bruce and I were longing for a balanced lifestyle. We're both into the outdoors, and with Bruce's background as an Outward Bound instructor and mine in Adventure Tourism, Golden Bay appealed to us as an outdoor playground".

They moved here in 2000 and Bruce began work as the local police constable. Annie worked at The Wholemeal Café where she introduced the "Oaty Ginger Crunch" (still on the menu to this day)!

Presently, she loves working at First National: "We have a lot of laughs, a great team dynamic and we're proud of our work". They also have a sense of duty to the community, which is important to Annie, whether supporting the Wrinklies Express, Cancer Awareness or the many local charities.

Annie does Meals on Wheels and supported Baron Hasselhoff's crowdfund initiative to expand their business. "It's a wonderful local success story and a great product!" Last Christmas, she sent boxes of their treats to all her clients.

Annie and Bruce balance work with sports and the outdoors. They are keen mountain bikers, squash players

doesn't hesitate: "Paradise!" she exclaims enthusiastically with a smile on her face. And that's a descriptor all residents



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Circuit breakers

6

Have you ever found yourself heading into a conflict with your young child knowing that it isn't going to end well? For example, you want them to clean their teeth and they want to keep drawing.

You could step it up a notch and threaten that they will miss out on something nice, or you could break the tension, grab the toothbrush and pretend that the toothbrush can talk. "Mr Toothbrush is looking for teeth that need cleaning. He's looking for a three-year-old with big blue eyes."

Your young child doesn't know how to avoid a fight and find a calmer, more playful way through a problem, but you do. Give it a go and see your child's eyes light up and ignite their desire to co-operate.

For details on how to join a Parenting Toolbox class please contact Golden Bay Community Workers ph 525 9728.

in good t aste: t urning up the heat

There is a photo in an old cookbook called The Mezzo Cookbook by John Torode, showing some very hot sticky noodles being tossed about in a wok. The flame from the stove is visible in the corner of the photograph. The noodles, though unadorned by meat or vegetables, glisten with the obvious additions of sweet soy sauce, chilli, garlic and ginger. The very idea of eating these luscious, rich, sticky noodles conjures up warmth and comfort, respect for the past and optimism for the future.

Both garlic and ginger are particularly good for the immune system and our winter-weary bodies will gladly accept generous amounts of both, especially in their natural forms. Why take pills when you can slurp on restorative sticky noodles instead? This combination of soft noodles, sweet sauce, spicy chilli, the fresh taste

of ginger, all garnished with a generous amount of vibrant coriander, are the flavours that wake up the taste buds and make them go WOW. Fresh and assertive, they team well with all sorts of vegetables (lurking in most people's fridges) for a quick vegetarian stirfry—or soup, salad, laksa, pad thai, spring rolls, curry, chow mein...

Noodles are a fascinating subject as there are variations of each variety of noodle, each one relying on the corresponding cereals grown in each area of their country of origin. Soba noodles are made with a mixture of buckwheat and wheat flour (occasionally just buckwheat), or as a pretty green variety made by the addition of matcha green tea powder and more often eaten cold, they are called cha soba noodles. They come dried in slim, elegantly packaged bundles. Eaten either hot or cold they are rugged, tough, protein-rich and extremely versatile.

Noodles are a symbol of long life and fortune in Chinese culture; the longer the noodle, the longer the life. For the superstitious it is bad to cut noodles, as this will shorten your life span. This is why the Chinese slurp their noodles—to prevent them from breaking.

~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

Terry Durack, who has written an entire book on noodles, says they are the future: "You will live longer, pass exams, and shiver with sensual excitement!"

This is the recipe for the hot sticky noodles I first mentioned.

Sweet soy noodles with coriander (serves 2)

- 2cm sq piece of fresh ginger, peeled and grated
- 4 cloves of garlic, crushed
- 8 stalks of fresh coriander, finely chopped
- 1 red chilli, finely chopped

Make into a paste, using a mortar and pestle to grind the ingredients together.

- 3 tablespoons of rice bran oil
- 3 tablespoons of sweet soy sauce (ketjap manis) 1 tablespoon of soy sauce



Sweet soy noodles with coriander. Photo: Fiona Feasey.

3 spring onions, sliced on the diagonal

1 cup of bean sprouts

1 cup of assorted greens, thinly sliced (sugarsnap peas, zucchini, green beans, broccoli, spinach)

1 bunch of fresh coriander leaves, coarsely chopped.

180g dried noodles of your choice, cooked to the directions on the pack. Udon noodles are good.

Heat the oil in the wok to high. Add the coriander paste and cook for 30 seconds, tossing around, until aromatic. Add the vegetables and toss for one minute. Add the noodles and soys. Toss until heated through and the noodles are well coated with the sauce. Pile into a serving bowl and scatter with the coriander. Serve immediately.

~ ~ ~ ~ ~ ~ ~ ~ ~ ~

Nigella Lawson has this restorative recipe for noodle soup, and there is a photo of her gazing dreamily at a bowlful from her spot on the sofa where she is looking gorgeous and the epitome of good health in her polka-dot dressing gown.

Noodle soup (serves 2)

90g bundle of dried udon noodles

- 600ml chicken, vegetable or dashi stock
- 2 tablespoons of sweet soy sauce
- 2cm sq piece of unpeeled ginger, finely sliced
- 1 red chilli sliced in half lengthwise, seeds discarded

1 cup of assorted vegetables, finely sliced - button mushrooms, snow peas, bok choi, bean sprouts, spring onions, zucchini

Coriander leaves to garnish

Cook the noodles according to the directions on the pack. At the same time, heat the stock with the soy, ginger and chilli. When boiling, add the vegetables and cook for one minute or until tender.

Place half the noodles into each warmed bowl. Ladle the broth over the top, sprinkle with coriander and serve.

Of course you can play with this recipe and add all kinds of protein - poached chicken breast, seared salmon, cooked prawns, tofu or whatever you fancy.

Fiona Feasey



Jocie the quit coach in the bay to help

"There's lots of support for smokers in the Bay who want to quit. My face-to-face service is free," says Jocie Weka, who is employed to actively coach and support people who want to quit smoking.

Her quiet enthusiasm and common sense make her a "go to" person for the lifeaffirming process of freeing yourself from tobacco's control.

Te Awhina Marae in Motueka employs Jocie under a contract they have with the Ministry of Health's Tobacco Control Service. In her rostered three working days, Jocie serves the Motueka, Golden Bay and Tapawera communities, offering walkin clinics. She spends the rest of the week studying counselling at NMIT.

Jocie says that people tend to pick up a cigarette when

they're stressed and need something for themselves; however, smoking often creates more stress. The cost alone can be stressful; if someone is spending \$50 a week on tobacco they're not spending it on other things that would make a positive difference in their life and in the lives of their whānau. Jocie knows from first-hand experience that some smokers come to the decision to guit because of the financial burden. She also knows of smokers who go into debt to finance their habit.

"The price of smoking can be an issue, but personally I'd prefer it if people chose to quit for the sake of their health and their family's health."

Jocie is keen for New Zealand to achieve its goal of being smoke-free by 2025.

"It's a great goal and we were tracking quite well towards it, but the government is not putting in enough resources-







Jocie Weka says that people tend to pick up a cigarette when they're stressed and need something for themselves; however, smoking often creates more stress. Photo: Neil Wilson.

and especially targeted resources—to really make it happen. Business as usual is not going to get us there. The Māori community has twice as many smokers as the non-Māori community. That means twice as many deaths too, of course. The rates are coming down, but not guite as guickly as they are for non-Māori. There are about 4700 deaths each year from smoking-related diseases, and about half of them are Māori."

Jocie will be over in the Bay again to follow up new clients in the programme, and she says she hopes to share some future success stories with The GB Weekly. People interested in becoming ex-smokers can visit Jocie at the Community Centre on 26 August, 16 September, 7 October, 4 November, and 9 December. She is collaborating with other health professionals in the Bay to make sure there is actual for everyone who wants it between her visits.

Neil Wilson

WETLAND VIEW PARK Overlooking the Mangarakau Wetland Fully-serviced luxury chalets Self-catered or meals available

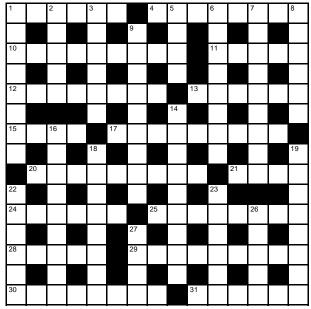
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Jw Crossword



ACROSS

- Grunted badly losing the thin
- end and plod along (6) Gain entry with dad's arm
- (8)10 Rail turns curiously - they prepare for the real thing
- (5, 4)Rate the tail off donkeys (5) Rubbish no nincompoop will 12
- start to touch for example (8)
- 13 Finds oneself late? Commonly at first or ask around (6) 15 Impel son to leave the
- operator (4) Water board? It's only for a
- game (4.5) The alternative is to follow 20
- Master William for example
- Lies lazily surrounded by 21 water (4)
- 24 Watch and cover the shutter (6)
- 25 Sets upon a beast of burden returning with undisciplined
- lust (8)
- 28 Annoy the top we're told (5)
- 29 Finished tied in red (9) 30 Garnish with thyme we hear
- for this competition (8) Spoken after last month
- would be ornate (6)





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See it return as metal (8)

DOWN

- Marriage, for which in France, a charge follows (5) 3 He has green aspirations . .
- (6)5 . and some total, soul destroying moments (4)
- Flight between landings (8) Class to be re-organised as they hinder progress (9)
- Stop on reconstructed side street (6)
- It's fine, though one's put out and about with much to say
- 14 'Blow!' It's pointless and strange that the lady went in for such gory killing (9)
- 16 Get nothing square unfortunately without a horrible appearance . . . (9)
- ... but if square and adjusted, 18 will hold water (8) 19 Well considered about a boy
- in a rush (8)
- Study about physical 22 education. It's obtained by effort (6)
- 23 How the boy, embarrassed, returns and gets up (6)
- Bounded by a crooked fold in the cloth? (5)
- 27 Extended ache (4)

SOLUTION IN THIS ISSUE

OUr BOTTLEd rANGE IS NOW AVAILABLE AT SUPEr LIQUOr TAKAKA

www.hopfederation.co.nz





SPORTS RESULTS / Hua tākaro

GOLF

Wednesday 12 August. Stableford. R Heuvel 40, D Win 39, L Trent 38, B Osmond 37. Closest to pins: 3/12 S Page, 4/13 R Dyce, 8/17 R Dyce, 9/18 B Osmond. Twos: S Page. Best gross: D Win 77.

Saturday 15 August. Match play pairs final. B Osmond and P Solly bt R Heuvel and F Byrne on 19. Tui cup final. M Rimu bt L Davidson 1up. Others played stableford. B Climo 42, W Collie 41, Brian Win 40, N Goodman 39, C Hill 37. Closest to pins: 3/12 W Collie, 8/17 P Solly, 9/18 M Rimu. Twos: W Collie (2) one on 16. L Trent, M Rimu. Longest drive 8/17: B Climo. Best gross: W Collie 70. **BRIDGE**

12 August. Patons Rock. Open: 1: A Blackie-J Cooper, 69.27%. 2: A Hunt-S Langford, 60.94%. 3: J Beatson-J Forsyth, 60.42%. H/cap: 1: A Blackie-J Cooper, 77.70%. 2: A Hunt-S Langford, 70.72%. 3: C Bird-L Godden, 69.25%.

14 August. Spring Fling, round 2. Open: 1: J Forsyth-J Morgan, 57.64%. 2: M Hill-S van Wijngaarden, 56.94%. 3: K Woodford-A Blackie, 54.85%. H/cap: 1: K Woodford-A Blackie, 69.95%. 2: J Forsyth-J Morgan, 66.%. 3: D McDonald-P Wood, 65.43%.

RECENT AGM / Hui ā tau - Nō nā tata nei

GOLDEN Bay Patchwork and Quilters Guild. President, Renee Bomer. Vice-president, Rhonda Lash. Secretary, Heather Hockey.

THE Order of St John Golden Bay Area Committee. Acting chairperson, Rhoda McDonald. Secretary, Belinda J Barnes. Supporters Scheme, Michele George. Caring Caller, Neville Rogers. Cadets, Scott Fraser. Committee: Stu Chalmers, Bev Thomason, Keith Langford.

TAKAKA Citizens'Band. President, Crowther Reynish. Vice -president, Barry Cashman. Secretary, Marlene Alach. Treasurer, Nick Farr. Conductor, Johanne Berkhan; deputy, Willa Visker. Drum Major, Tub Bruning; deputy, Kerri Tait. Sergeant, Lou Soper. Corporal, Mike Reynish. Lance Corporal, Tony Lindsay. Committee: Crowther, Barry, Marlene, Nick, Willa, Henk, Lou and Tub.

PERSONAL NOTICES / Pānui ake

THANK you. Colleen Harwood and her family would like to thank everyone for making her 80th birthday celebration so special. For the visits, phone calls, cards, gifts, flowers and baking. Jackie and Katerina for the great food and service, Shirley for the beautiful flowers and Frances for the lovely cake. Please accept this as a personal acknowledgement to you all.



Ari Kingan 20.06.93 - 24.08.14

"I've missed your ginger hair." Lea, Greg and Shaye

PUBLIC NOTICES / Pānui a whānui

COLLINGWOOD Café Market Day. Sunday 23 August, 10am. \$5/site. Ph 524 8332.

GOLDEN Bay Flying Club AGM, Monday 24 August, 7.30pm, Takaka Aerodrome. Election of officers, general business. Public welcome.

OLD POST OFFICE - LEASE. Final call for expressions of interest in this fabulous heritage space attached to the Museum. Information and formal Expression of Interest

form available from the museum, in person, by email

goldenbaymuseum@xtra.co.nz or ph 525 6268. Deadline for expressions of interest: Friday 28 August, 4pm.

CENTRAL Takaka Water Board AGM, 4pm, Sunday 30 August at Takaka Rugby Clubrooms. All welcome.

SENIORNET - computing help for seniors. Current courses: Advanced iPad, Photobooks. Upcoming: Windows 10. Other

golden bay lions garden fertiliser driVe

We encourage you to support our latest fundraising effort, for worthy local projects.

Type of Fertiliser		Price per bag	Number Required	Total Price
General Garden Fert	10kg	\$17.50		
Special Citrus Fert	10kg	\$17.50		
Special Rose Fert	10kg	\$17.50		
Nitrophoska Extra	10kg	\$24.00		
Dolomite	10kg	\$8.00		
Garden Lime	10kg	\$8.00		
Sheep Manure	Bag	\$8.00		
Seagrass/compost (delivered)	Bag	\$5.00		

All prices include GST

Delivery Address:

Name:

Phone:

Total \$

Please fill in and return to Golden Bay Lions, PO Box 40, Takaka 7142 All orders please by Friday 28 August Deliveries early September

Payment to be included with all orders, cheques to Golden Bay Lions Enquiries to Julie & Colin ph 525 8089 or Lincoln ph 525 8279





INTENTION TO PASS AMENDED BYLAWS FOR THE ABEL TASMAN FORESHORE SCENIC RESERVE

Pursuant to section 107(b) of the Reserves Act 1977 the Administration Committee hereby gives notice of the intention to amend bylaws for the Abel Tasman Foreshore Scenic Reserve on 24 August 2015. The amended bylaws reflect provisions in the Abel Tasman Foreshore Scenic Reserve Management Plan 2012 and define the powers of the administration committee in managing the reserve to ensure that the use and enjoyment of the reserve by the public does not affect the protection and well-being of the reserve. A copy of the amended bylaws can be obtained from the Takaka, Motueka or Richmond offices of Tasman District Council or from the Takaka, Motueka or Nelson offices of the Department of Conservation during normal working hours.

The Administration Committee

(Lindsay McKenzie, Chief Executive Officer, Tasman District Council and Jan Hania, Director, Conservation Partnerships, North and Western South Island Region, Department of Conservation)

AMENDED GENERAL AUTHORISATION FOR ABEL TASMAN FORESHORE SCENIC RESERVE

The Administration Committee hereby gives notice of the following amended general authorisation for the Abel Tasman Foreshore Scenic Reserve in accordance with the Abel Tasman Foreshore Scenic Reserve Management Plan 2012. The general authorisation allows the public to undertake a number of recreational activities within the reserve, while ensuring that they do not affect the protection and preservation of the reserve.

ABEL TASMAN FORESHORE SCENIC RESERVE AUTHORISATION OF CERTAIN ACTIVITIES

Pursuant to sections 42, 50 and 94 of the Reserves Act 1977, the Administration Committee, acting under delegation from the Minister of Conservation and the Director-General of Conservation, hereby gives express consent and declares that the following activities, for non-commercial purposes only, are authorised within the Abel Tasman Foreshore Scenic Reserve (but excluding that part of the scenic reserve which is within the Tonga Island Marine Reserve), subject to any stated conditions, until further notice.

topics on request. Enquiries ph Jennie 525 8758.

"2D OR NOT 2D"...?...that is the question...watch the space at MONZA.

COMMUNITY Law Service (Simon Jones): Free and confidential legal help, information, options available in Golden Bay every Wednesday. Appointments, phone Heartland Services 525 6151. Nelson Office 0800 246 146.

GOLDEN BAY HAIR DESIGN will be closed Monday 24 and Tuesday 25 August, while Joanna takes a short break. Reopens Thursday 27 August.

NOAH quilt raffle, Village Theatre fundraiser, winning number 1547, drawn under police supervision.

LOCAL community radio Fresh FM. Top o' the South on 104.8 or 95.0 FM. Listen live now www.freshfm.net. Get into it! Ph

The activities and conditions are:

- (i) The use of traps, nets or fishing lines;
- (ii) The taking of fish, including shellfish;
- (iii) The taking of seaweed, provided that it is collected by hand, and is not attached to the seabed or to a rock; and
- (iv) The taking of driftwood, provided that it is limited to an amount that can be personally carried.

The Administration Committee

(Lindsay McKenzie, Chief Executive Officer, Tasman District Council and Jan Hania, Director, Conservation Partnerships, North and Western South Island Region, Department of Conservation)



Golden Bay High School's Winter Tournament 2015

Thank you to these businesses and the Golden Bay community for supporting our fundraising

1st XI **Football Team**



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Super Liquor



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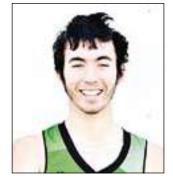
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Sam Costar sponsored by Frank Byrne **Builders**

THE GB WEEKLY, FRIDAY 21 AUGUST 2015

9

PUBLIC NOTICES / Pānui a whānui

Sage 525 8779, email: takaka@freshfm.net or visit us at the Workcentre.

SPCA. All enquiries to Carol Wells, ph 525 9494, 8am-5pm weekdays. Viewings by appointment please.

ST John Golden Bay and Gibbs Hill Challenge. Thank you to the organisers and all participants of the Gibbs Hill Challenge. We greatly appreciate the donation made to St John Golden Bay.

ALCOHOLICS Anonymous. If you want to drink that's your business. If you want to stop that's ours. Meeting Thursdays 7pm, Catholic Church Hall. Ph 0800 229 6757.

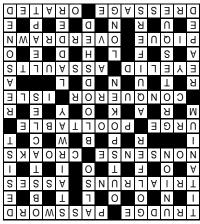
POHUTUKAWA Gallery and Collingwood Post Office are *The GB Weekly's* agents.

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adjacent to Lake Killarney on the edge of town.



THIS WEEK'S SOLUTION

TRADES AND SERVICES / Mahi a ratonga

ACCOUNTANT and tax advisor. All Inland Revenue returns filed for big and small businesses and individuals. Selfemployed and rental property reports prepared. Day and evening appointments available. Ph Susan Ayton Shaw 0508 TAXAYTON or email taxayton@gmail.com

GOLDEN BAY GLASS. Cat and dog doors. Supplied and installed for you. 96 Commercial St. Ph 525 7274.

GOLDEN Bay Flooring. Qualified flooring installations. Afraid to go the extra mile? Yeah, right. Ph Wyatt 525 7400, 021 297 8196.

TILER. Ceramic, porcelain tiling. Water-proofing, holedrilling services. Ph Wayne Robinson Tiling 027 576 1620, 525 8396.

DAVE ISBISTER ENGINEERING

For all your general engineering and specialist welding call 027 487 9950 or 524 8397 Collingwood-Bainham Road (next to Transfer Station)

SEPTIC tanks emptied. Ph Chris 525 9153.

TAKAKA Self Storage, Commercial Street. Have containers (new) available. Excellent security, cameras etc. Ph 525 6181.

"KNUCKLES" Driving School. Ph 525 8100.

ELECTRICAL. Ph Golden Bay Electrical for quick and excellent service, ph **027 316 2749.**

TREE removal, confined area felling, chipping, chipper hire. Fully insured. Ph 525 7597, 027 212 4020.

NEED wood splitting? Ph Peter van der Meer 525 9928.

COMPUTER repairs, upgrades and service. Ph Joshua 027 831 4156.

BOBCAT/GRADER SERVICES. Tracks, driveways, landscape construction, general earthworks. Sparks Contracting ph 525 7096.

GIBSTOPPING /coving (NCPB qualified). Local friendly service. Ph Rob McDonald Plastering, 027 712 2552, a/h 525 6005.

HEDGEROWS and shelter belts cut, trimmed or topped. Golden Bay Hedge Trimmers. Ph Keith or Liz 525 7112. CHIMNEY cleaning, handyman, Dennis Sage 525 7099.

JACK STEVENS, qualified arborist. Ph 021 211 5580.

COMPUTER technology specialist, ph Warwick 027 814 2222.

PASSPORT photos, quality guaranteed. Available any time. Ph Ken George 525 6235.

CARS wanted. Will pick up for free (some conditions apply). Motueka Auto Parts. Ph 03 528 9576.

HELPING HANDS 525 6226. **LAWNMOWING**, scrubcutting, gardening, small building jobs, painting.

TRAVEL for families, friends, groups and business. Ph Sue, Travel Gallery 021 555 836 or email sue@nztravelbrokers.co.nz

LAWNMOWING /garden maintenance. Reliable. Low cost. Friendly service. M&M Gardens Takaka, ph 525 7967.

GOLDEN BAY DIGGER HIRE 1.7 tonne. Ph 027 713 0684

BLINDS, blinds, blinds. Sunscreen, blackout, Duette, venetians and more. Ph Tracey 027 440 0071 at Imagine designs or call into our showroom next to GB Glass.

STORAGE /container hire. Your place (anywhere) or mine (Takaka). Ph Cheryl at Orange Mechanical Ltd 525 9991.

GB CHIMNEY SWEEPING, SPIDER AND FLY SPRAYING Ph 525 6267 or 027 434 5405

ACCOUNTANT. Long-standing market leader with unbeatable professional qualifications and experience. Warn & Associates, ph 525 9919.

LAWNMOWING. Pakawau, Bainham, Takaka to Wainui. Ph N Shaw 525 7597, 027 212 4020. niallshaw_6@hotmail. com

SALMON Sawmilling. Efficient and accurate onsite sawmilling at competitive prices. Enquiries welcome. Ph Tony 027 315 5846.

GOLDEN BAY STORAGE. Dry, safe, secure, alarmed, insurance approved. Furniture trailer available. Rob and Marg ph 525 9698, goldenbaystorage@gmail.com

FRUIT pruning. Soil testing. Organic gardening, advice and mentoring. Permaculture design. Edible landscaping.

21 AUGUST 2015

Newslineupdate

Keeping you informed about news and events in Tasman District

Public Notices

Tasman District Council Community Grants

Applications are open for Tasman District Council's Community Grants. The Council allocates funds to support and encourage community-led projects. To be considered, applications must be for initiatives within Tasman and/or demonstrate the

benefits to Tasman residents. Ideally, the funds applied for will be for a specific service that has community support.

This year the total allocation is \$219,000 over eight categories;

- Community and Economic Development Initiatives \$30,000
- Arts/Culture/Heritage/Museums \$32,000
- Festivals and Events \$40,000
- Youth and Children \$25,000
 - vos \$21,000

Council Meetings

Agendas and Minutes for Council Meetings can be viewed on Council's website at www.tasman.govt.nz

Environment and Planning Committee

Tasman Council Chambers, 189 Queen Street, Richmond, Thursday 27 August 2015, 9.30 am. Public forum

Commercial Subcommittee

Tasman Council Chambers, 189 Queen Street, Richmond, Friday 28 August 2015, 1.30 pm. No public forum

Joint Shareholders Committee following by CDEM

Nelson City Council, Wednesday 2 September 2015, 9.30 am. No public forum Corporate Services Committee

- Social Services \$21,000
- Environment \$20,000
- Emergency Services \$16,000
- Sport and Recreation Facilities \$35,000

Applications close 31 August 2015.

Applications can be made online or you can download an application form at www.tasman.govt.nz/link/community-grants-application

Hard copy application forms are available from Council Service Centres and Libraries in Richmond, Motueka, Takaka and Murchison.

Contact Tasman District Council Community Partnerships Coordinator Mike Tasman-Jones for further information on Ph. 03 543 8403.

24 Hour Assistance

10

Richmond 03 543 8400 Murchison 03 523 1013 Motueka03 528 2022Takaka03 525 0020

Tasman Council Chambers, 189 Queen Street, Richmond, Thursday 3 September 2015, 9.30 am. Public forum



TRADES AND SERVICES / Mahi a ratonga

Trichodowels and Bt for sale. Sol Morgan, GroWise Consultancy. Ph 525 9110, 027 514 9112.

> PORTABLE BANDSAW MILLING. Ph Tim 524 8997, 027 714 4232.

HEADSTONES shop, G Miller & Sons. Ph Rose Slow 525 9213.

ELECTRICIANS. Fuse Electrical Golden Bay. Ready to solve all your electrical needs. Ph Thomas 525 9300, 027 788 8500.





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Contact Warick Harwood 027 525 9192



We envisage a healthy community of empowered, connected and caring people. We provide accessible and sustainable social services that reflect the needs, values and beliefs of our community.

Clients: Family, Individuals, Community

- Cobb House and Village Green bookings
- GB Community Centre hall hire
- Youth Council
- Boredom Busters and OSCAR school holiday programmes
- **Strengthening Families**
- Teen Sewing Project
- Food Bank and Bedding
- Way2Go, Recreation, Events, Summertime Festival, Sit & Be Fit
- Family-Centred Service where all the family works to end violence in the home
- Parenting, Gardening and Cooking Courses
- Whanau Meetings, Te Rito
- Be Well breaking down the barriers to health services
- **Budget Advice**
- Specialist Counselling
- Women's Education Programme and Men's Stuff
- **Community Coffin**
- Social Work and Community Work

Location: 88 Commercial St (behind the Brigand Cafe). Phone: 03 525 9728. Fax: 03 525 7928 Dave Myall: 525 8876

HEALTH & WELLBEING / Hauora

SIMON Jones: Counselling and mentoring, 25 years' experience. Ph 525 8542, 027 599 9696.

PHYSIOTHERAPIST. Anél Baker. Private and ACCfunded treatments provided. Golden Bay Health Centre. Appointments ph 021 053 4337.

FRANCA Morani, massage therapist, Reiki master. Ph 525 6202, 027 441 8137.

ORTHO-BIONOMY. Realign spine, heal chronic injuries

HEALTH & WELLBEING / Hauora

with gentle techniques that encourage body to self-correct. Ph Susan 525 9795, 027 313 5198.

MASSAGE. Therapeutic, relaxing and deep tissue. Ph Donna Haliday 525 8333.

FAMILY Dispute Resolution, counselling and mediation: relationships, family, kids, teens, neighbours, workplace. Simon Dadley-Moore ph 525 9577 and 027 240 5763.

ELECTROLYSIS and for all your beauty requirements, ph Judy 525 9930. Fully qualified, with 26 years' experience.

GRACE: therapeutic and sports massage, postural analysis, relief from musculoskeletal pain. Dip Mass CCNM. Ph 525 8106 or 021 346 642.

ZEN. Meditation, instruction, discussion. Mondays 7pm-9pm. 29 Central Takaka Rd. Hosts: Sean Weaver and Jo Campbell. Ph 525 6029. sean@ekodo.org Cost: koha (eg \$2).

PHYSIOTHERAPY. Erica van Sint Annaland, Golden Bay Community Health. Sports and spinal injuries, women's health. Ph 525 0105, 027 776 6111.

HAIR REVOLUTION. Excellence in hairdressing, waxing and facials. Feel beautiful. Ph 525 9898.

HOMEOPATHY at Golden Bay Health Centre with Amalia Fish, reg homeopath, 23 years' experience, UK-trained. Wednesdays and Saturdays. Ph 03 539 4133, 022 327 7904.

COMPLETE Healthcare with a System of Neurological Integration (NIS) as taught by Neurolink. 2014 Masters series. Practitioner Anne Michell. Ph 525 8733.

TRACEY Smith. Relaxation/sports massage therapy, NST Bowen Therapy. Cert. NZCM/NZQA. MNZ member. Gift vouchers available. Ph 525 8449 / 021 293 9076.

NATUROPATH and herbalist. Ph Emily 525 6017, text 027 890 9486.

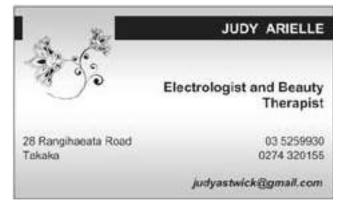
PHYSIO. Tudor Burchill. Massage, manipulation, acupuncture, electrical stimulation. ACC-accredited. Ph 021 207 6256.

BIODYNAMIC Craniosacral Therapy. For enhancing health, injury recovery and trauma resolution. Specialising in maternity, babies and children. Lolly Dadley-Moore PACT, ph 027 338 9504, 525 9577.

MASSAGE and trigger point therapy for chronic muscular pain, dysfunction, sports performance. Specialising in unresolved muscular pain. 20 years' experience. Ph Paul 027 772 7334, 54 Commercial Street.

SPRING into spring-time with a massage. Ph Annie Turner 525 8490, 027 454 6706.

NEUrOLINX. Masters Proficiency Certified. For all health challenges and well-being. Back pain, learning difficulties, low energy, virus. THE WELLNESS CENTRE Ph Ora 525 8416



FOR SALE / Hei hokohoko

GARAGE sale at the Rocks Chalets (formerly Eatery on the Rock), Saturday 22 August 9am until 1pm. Lots of stuff.

THREE photographers' gear. Film cameras, lenses, filters, bags, tripods, accessories. One complete dark-room, slide projector and screen. Saturday 10am-12pm, 14 Paradise Way, Pohara.

PAINT, Taubmans Sealer Undercoat 10lt \$125.Taubmans Ceiling White 10lt \$115. Taubmans Living Proof Interior 8lt \$99. ITM Takaka, ph 525 0032.

FIREWOOD. Dry pine, \$180/3.6m³. Ph 524 8202.

KING Coil gueen mattress, as new, less than half price, \$350 ono. Queen memory foam topper pad and matching pillows \$100 ono. Ph 525 7452.

> DRY OFFCUTS, SEASONED GUM. Bay Firewood, ph 525 9560.

FURNITURE sales and repairs at Cowley's Corner, Motupipi. Open Monday-Wednesday. Ph 525 7135.

LIONS sheep pellets available now at Sollys. See Tub.

KAYAKS, sit-in plastic. Double with steering, good condition, including two paddles \$400. Single, fair condition with paddle \$100, plus two-wheel trolley \$30. Ph 525 7073.

25% OFF ALL SECOND-HAND GOODS. At Bay Firewood.

ET4AES Wastewater system: 20-year warranty, zero operating costs, distributing NZ-wide from Golden Bay. www.et.nz, ph 03 970 7979.

30 bales of good quality round baleage, offers. Ph 027 753 4381.

CLOSED on Thursday 27 August

OUR MOVING SALE

finishes tomorrow, Saturday 22 August

PS We shift into our new building in late September Buy something in the sale and we will take off **ANOTHER 30%**

























REALLY SILLY PRICES

- Redeem your gift vouchers •
- Sale items don't qualify for loyalty cards but you can redeem a "full" card on sale items

Mon-Fri 10-4, Sat 10-1 Ph 525 9990

ohutukawa Gallery

FOR SALE / Hei hokohoko

RESENE paint. DIY or phone Arlun, Rycari Painting 525 6036 for a free quote.

SINGLE beds, two, \$75 each. Ph 525 9973.

LAST WEEK OF AMIKA'S GRAND SALE, COMING UP!

CUSHIONS, velvets, linens, cottons. Choose from our selection of natural fibres and more in store. Imagine designs, next to GB Glass. Ph 027 440 0071.

AVOCADO plants. Ph 525 8342.

CAT and dog doors. Installed for you by Golden Bay Glass. 96 Commercial St. Ph 525 7274.

Fish compost \$9. Potting mix, two for \$17. Compost, two for \$16. Pine cones \$6. Kindling \$6.50 or two for \$12. At Bay Firewood.

TOYOTA Noah, 1997. 220,000km. Eight-seater, spacious, great condition. Cambelt done. \$4,300. Ph 525 7400.

SLASH your electricity bill. Install a grid-connect PV system. Professional design and install. Ph Paul Stocker, Azimuth Renewables, 525 6019.

SINGLE beds, two. Mattresses, sheets, blankets, matching spreads and pillowcases. Golf clubs, trundler, balls. Phone/ fax machine. Cordless phone. Ph 525 8043.

VEHICLES FOr SALE

1993 HiAce Van 4x4 rebuilt engine D \$8000 ● 1990 Landcruiser SWB D \$7500 ● 1990 Ford Courier S/cab, canopy P \$2500 ● 1995 Rav 4 \$3400 ● 2000 Mitsi Triton D \$9500 ● 2000 Toyota Hilux D \$16995 (reduced) FWD SPARES LTD. 12 Quarantine Road, Nelson. Ph 03 547 4147

> 2016 golden bay Calendar by sara Macready



available now at artisans and take note





20-50% off ALL lampshades! Up to 50% off EVEr YTHING ELSE! * Sale for August only *



The Country Store has **10% OFF** all **Dunstan Horse Feed Products.** Our range includes Coolfeed, Betabeet, Eezymix and many more.

Sale excludes Chaff, ends 31st August 2015 or while stocks last.

RURAL SERVICE CENTRE

TO GIVE AWAY / Koha

CAT, six-month-old, extremely friendly black male. Ph SPCA 525 9494.

LOST AND FOUND / Ngaronga/Kitenga

LOST. Right walking shoe, brown with flecks of orange and black elastic laces, 16/17 July. Ph 021 045 9378.

LOST. The person who borrowed my blue compressor with brushes and the airbrush paints, w/c's inks etc without asking a few months ago, please return them. I have an urgent need for them which I believe you do not. Text NgAngA 021 107 6312.

FOUND. Moto X helmet, Motupipi Street, near Fonterra. Ph 027 387 1563.

WANTED / Hiahia

CALVES. Friesian cross beef bull calves. Ph 525 8089.

ACCOMMODATION, mid December 2015 to mid February 2016. Minimum two-bedroom. Reliable, tidy tenants. No children, no pets. House-sitting considered. Ph 027 494 4151.

FREEZER, upright, in good condition. Ph 525 8323.

OLD set of cricket pads. Ph 021 443 911.

PROPERTY AVAILABLE / Rawa watea

HOUSE for rent, Rockville. Tidy three-bedroom home, rural property. Please ph for more info, Debbie 027 737 7959.

STUDIO apartment, Takaka township. Very sunny. Non-smoker, no pets. Rent \$170/week. Ph 020 4020 3042.

COTTAGE available for long-term rental at 23 Totara Avenue, Collingwood. Three bedrooms, suit single person or couple. Referees essential. \$260/week. Ph 524 8286.

SELF -contained sleepout available, close to town. Ph 027 834 3245.



Nikki ryan 548 0020 Licensed Agent REAA 2008

For All Your Property Management, Rental And Investment Requirements

FABULOUS FIND IN FEARY CRES



30 Feary Crescent, Takaka

Newest home in town on the market at the moment! Sunny, warm and perfect for a family or someone looking for a modern home and easy care small section. 3 double bedrooms, log burner with wetback, DVS, attached double garage, fully fenced – so many great features and tucked down a ROW. What a find! OPEN HOMES: Saturday 22 August 2pm-3pm Sunday 30 August 1pm-2pm

deadline Sale: 3 September 2015 (unless sold prior)

www.goldenbayproperty.com Reference: 3418



PRIME LOCATION – HILLVIEW ROAD



19.47ha block of prime grazing land in Central Takaka, with the bonus of a three-bedroom Lockwood home. Well fenced, sound water supply, three-bay shed and fabulous views out over Motupipi to the sea. Majority of the land is flat or of a gentle rolling counter. \$990,000 + GST if any

www.goldenbayproperty.com Reference: 3408





OLD SCHOOL CAFÉ. Open 4pm till late Thursday, Friday. 11am till late Saturday, Sunday. Closed Monday, Tuesday, Wednesday. Ph 524 8457.

PENGUIN CAFÉ. Open Tuesday-Sunday, 11am to close. Closed Monday. Ph 525 6126.

PLAN B CAFÉ & BAR. Open Friday, Saturday, Sunday from 3pm. Ph 525 7678.

POHARA GENERAL STORE. Monday-Thursday 7am-7pm,



Experience Our Hands On Approach For All Of Your Long-Term, Short-Term and Holiday Rental Needs Feel Free to Call Us For More Information Properties Urgently Required! We are available 24 hours EVERYDAY!!



Short, Long Term & Holiday Homes We offer a full range of services from rental appraisals, assessing tenants to full management of all types of properties & advice We can customise a package to suit your needs! TWICE MONTHLY OWNER PAYMENTS & STATEMENTS Read our testimonials on our web page

Property Maintenance & Assistance We offer property improvements, total house cleaning, window cleaning, lawn mowing, water blasting, carpet & upholstery cleaning, painting, furniture removal plus lots more...

Shona Martin | Property Manager

811 Abel Tasman Drive | Pohara 7183

P 0800 4 shona (74662) | F 03 525 8727 | M 021 217 8959

E shona@shonasrentals.co.nz

www.shonasrentals.co.nz

Harcourts

Friday 7am-8pm, Saturday 8am-8pm, Sunday 8am-7pm. Home-made food, great coffee, groceries and lots more. Takeaways Fri and Sat 5-7.30pm. Great fish & chips, burgers and the best pizzas. Gluten-free options available. Phone orders welcome on 525 9591. www.poharastore.co.nz.

ROOTS BAR. Open 2pm-late, Tuesday-Sunday. Gourmet wild burgers, open fire, good beer, good people. Ph 525 9592.

TAKAKA INFUSION, teahouse and bakery. Quality breakfast, lunch and afternoon tea, European-style breads, pastries and cakes. Winter hours: Monday-Friday 8.30am to 5pm, and every first Saturday of the month. 30 Commercial St. Ph 525 7294.

THE GUMBOOT AND THE MOREPORK. Café by day,

EATING OUT / Kai wahi kē

relaxed bistro dining by night. Open 6 days, Monday-Saturday 6am-3pm, 5-9pm. 2 Motupipi St, Takaka. Ph 027 667 3767, 525 7441.

THE MUSSEL INN - reopening on 11 September.

TOTOS CAFÉ & GALLERY. Wood-fired pizza and refreshments, 2km along Totaranui Road. Saturday and Sunday from 10am to 4pm. Ph 021 187 1849.

\$20 takeaway pizzas. Every Friday in August at The Gumboot and the Morepork.

ANATOKI SALMON, the place to have your lunch. Great selection of salmon-related food, beautiful coffee and fully licenced café. Great value for money. Open all year round from 9am until 5pm. Ph 525 7251.

BRIGAND CAFÉ. Open 7 days from 11am. Providers of great food and live entertainment. 90 Commercial Street, Takaka. Ph 525 9636.

COURTHOUSE CAFÉ Collingwood. Open 6 days, 8am-4pm, closed Wednesday. Pizzas on Saturdays, 5pm-8pm. Ph 524 8194.

CURRIES. Dine-in or take away, from 5.30pm Thursday thru Saturday. Wholemeal Café, downtown Takaka.

CURRY LEAF. Open 7 days, 11.30am til late. Chef-made food, takeaway prices. Ph 525 8481. Phone orders welcome.

DANGEROUS KITCHEN. Closed, reopening 31 August. A big thank you for all your support.

DE-LISH DELICATESSEN. Sumptuous, delicious food. Lunches, catering, coffee, chocolate, cheeses and epicure items. Eat-in or take out. Downtown Takaka. Ph 525 7111.

FAREWELL SPIT CAFÉ. Open 6 days, 9am-5pm, closed Wednesday. Ph 524 8454.



OPEN FROM 6AM WITH:

Loose leaf Teas, Espresso Coffee, Cakes, Scones, Muffins, Cabinet Selection, Brunch Menu, Pies, Sausage rolls. Sandwiches, Rolls &

Packed lunches made to order. \$15 Hot Meals eat-in or take away (you can phone or text order)

We still do: Pizzas, Gourmet Burgers, Mains & Desserts **OPENING HOURS:** Monday to Saturday: 6am to 3pm, 5pm to 9pm

> 2 Motupipi Street, Takaka 027 667 3767, 03 525 7441



Wholemeal Café

Seasonally-inspired EVENING MENU

featuring local organic ingredients Thursday thru Saturday from 5.30pm



This Week's Menu

21/8 Fri: Lavender-rubbed pork fillet 22/8 Sat: Lamb rack with rosemary jus



NEW ALL-dAY WINTEr MENU NOW AVAILABLE

OPEN MIC NIGHT: Thursday 9pm HAPPY HOUR: Friday 4pm to 6pm Open 7 days, from 11am 90 Commercial St, Takaka Bookings appreciated: 525 9636



PROFESSIONAL drum lessons. All levels, beginners welcome. Ph Carl Woodward 525 8449, 027 525 8449.

SPANISH: conversation group, tutoring adults/children, translations, proofreading, Instituto Cervantes Spanish Diploma. Ph 021 211 1339, www.hableya.co.nz



FrEE SEMINAr & WOrKSHOP

Wednesday 9 September:

10am to 12pm: Employer Workshop. This workshop is a hands-on interactive session covering employer basics, record-keeping requirements, how to complete and file your employer monthly returns as well as how to file them online.

1pm to 3pm: residential rental Property Seminar. This seminar is for people who already have, or who

casual data collector **Fisheries Team** Tarakohe

NHWA Taihoro Nukurangi

NIWA is New Zealand's leading environmental research institute and key provider of atmospheric, freshwater and marine research and consultancy services in New Zealand.

We are seeking two enthusiastic and reliable Data Collectors to conduct surveys at the Tarakohe boat ramp. The role involves interviewing recreational fishers and recording data about the types and volumes of finfish caught.

Our Data Collector will conduct work on boat ramps on 54 random dates between September 2015 and end August 2016. These random dates are worked on weekdays and weekends. Interview sessions are 5.5-7 hours in length. You will need to be available for a training session between 26 August and 11 September in Tarakohe or Nelson (details to be confirmed).

Our successful applicants will be able to work effectively unsupervised, have good verbal communication skills, and the ability to accurately record data. In return you will receive a competitive hourly rate and the opportunity to work outdoors!

Interested in knowing more? Contact Niki Davey on 0800 926 278 or email niki.davey@niwa.co.nz

Applications close: 24 August 2015.

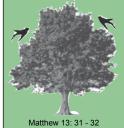
CHURCH SERVICES ON SUNDAYS

CATHOLIC Mass times at Sacred Heart Parish, Takaka: Saturday vigil, 4pm; last Friday of the month, 11.30 am. For enquiries, contact Fr David Gruschow, ph 03 544 8987, gruschow@xtra.co.nz. Mass is held behind the historic church building in the former Catholic Hall. All welcome.

GOLDEN Bay Anglican Church warmly invites you to join them each Sunday, 10am at Takaka and 4.45pm at Collingwood.

ST Andrew's Presbyterian Church invites you to join with us at 10am. Bible Sunday. Guest speaker: Murray McCaskey. Ph 525 8089.

christian church of Golden Bay Service



with children's church at 10am Senior Citizens' Hall Senior pastor: Phil Baker ph 525 8396. Church pastors: Jason and Teresa Brough ph 525 9971, and Carol Baker ph 525 8396 or 027 429 8088.

Kahurangi Christian Church

Be Loved

Be Encouraged Belong

Join us at Kahurangi Function Centre 10:30am Sundays. Kid's time during term. Ph Robin Swafford 524 8498.



You are magnificently, *extravagently*, *eternally* loved

Welcome! Sundays 10 am 93 Commercial St

www.godunlimited.org

GALLERIES / Whakakitenga

23/8 Sun: Angus beef fillet with mushroom sauce Monday, Tuesday, and Wednesday: Closed 27/8 Thu: Lamb rack with rosemary jus 28/8 Fri: Lavender-rubbed pork fillet 29/8 Sat: Angus beef fillet with mushroom sauce 30/8 Sun: Free-range chicken provencal

All mains served with fresh local vegetables Vegetarian alternative available by prior arrangement

3 course set dinner menu: Starter, Main, Dessert: \$65 Dining reservations essential by 12pm on the day Seating from 6pm to 8pm Thur through Sun Cocktail Lounge open for drinks & platters from 5pm 525 7998

info@ratanuilodge.com

are planning to purchase, a residential rental property. It covers, income, deductible expenses, depreciation, record keeping, filing (online and manual), online services and how to use our interactive Tool for Business. To register your attendance please email: advisory.nelson@ird.govt.nz or ph 0800 377 774

Booking is essential due to limited room capacity

SITUATIONS VACANT / Tūranga wātea

QUALIFIED carpenters and labourers required for local building company. Please contact Dan ph 027 552 5642. CAREGIVERS required for personal care, morning shifts. Training provided if needed.Phone Dan 525 9799 or 027 269 8333.

"2D OR NOT 2D"...?...that is the question...watch the space at MONZA.

UPCOMING EVENTS / Mea pakiri haere

GO to events calendar www.goldenbaynz.co.nz

FRIDAY 21 AUGUST

MAINLY MUSIC IS ON! Takaka Church of Christ, 93 Commercial Street, Fridays 10.30am, term-time. Fun and learning for 0 to 4-year-olds.

\$20 TAKEAWAY PIZZAS. Every Friday in August at The Gumboot and the Morepork.

SATURDAY 22 AUGUST

DISCO FEVER. 7.30pm-midnight at the GBHS Hall. Home and School fundraiser. See ad for full details.

UPCOMING EVENTS / Mea pakiri haere

SUNDAY 23 AUGUST

PAYNES FORD SCENIC RESERVE PLANTING. On five Sundays starting today. Meet 10am at Paynes Ford car park (SH 60). Bring your spade. Refreshments provided. For further information ph Greg Napp, DOC, 525 8026.

MARBLE MOUNTAIN MUSIC CLUB. Senior Citizens' Clubrooms, 7pm. Come join us.

MONDAY 24 AUGUST

ZUMBA: Exercise with a difference. Love music, love dance? Come join us, on Mondays: Senior Citizens' Hall 6-7pm with your instructor Maria. See Wednesday and Thursday too.

TUESDAY 25 AUGUST

COMMUNITY AND WHANAU MONTHLY MEETING.

12–1pm, Community Centre. Speaker: Lolly Dadley-Moore, a natural health practitioner for over 25 years will talk about Biodynamic Craniosacral Therapy, a non-invasive holistic natural therapy with its foundations in osteopathy, beneficial in treating a wide range of conditions and able to bring about profound healing at all levels: physical, mental, energetic and emotional. Bring your lunch (tea and coffee provided) and any community notices, events or issues to share. Everyone welcome. See you there.

GB WEEKLY deadline: noon on Tuesdays. Late fees apply until 4pm Tuesdays. Pohutukawa Gallery and Collingwood Post Office are our agents.

WEDNESDAY 26 AUGUST

COSTUME HIRE, Wednesdays, 7-9pm at The Playhouse. Ph 525 8338.

ZUMBA. Wednesdays: Collingwood Sunday School Hall 6-7pm. See Monday.

THURSDAY 27 AUGUST

ZUMBA. Thursdays: GBHS gym 6-7pm. See Monday.

EVENING DINING at the Wholemeal. Thursday-Saturday from 5.30pm.

LATER EVENTS

AORERE SPRING FLOWER SHOW. 5 September, Aorere Hall, Rockville. Ph 524 8359, 524 8308.

ART OF PHOTOGRAPHY WORKSHOP. 18-20 September, Kahurangi Lodge. Last registration day Wednesday 16 September. Information contacts: Alan Bilham 03 528 6128, Bronwyn 525 8627, Karen 525 8874.



Upper Takaka Country Club 2015

Pig Hunt

Friday 28 & Saturday 29 August

Hunting for the Gruff Thomason Trophy (largest tusks) and the Ian Foskett Trophy (biggest boar). Plus prizes for biggest stag, biggest sow, most pigs weighed in, 2nd, 3rd place biggest boar, kids most, and heaviest, hares and opossums, plus spot prizes.

Weigh-in 3pm Saturday 29 August

Entries into UTCC or PGG Wrightson store by 5pm, Thursday 27 August

\$30 for team of two \$20 single entry, kids free under 16





ON THE BUILDING

Thu 27 7.30 Exhibition: Girl With a Pearl Earing 28 4.30 Ant Man (PG) The world's smallest superhero Fri 7.30 Irrational Man (M) Woody Allen Drama Sat 6.00

Equaliser FRI Sun 30 4.30 Mr. Holmes (PG) lan McKellen is Sherlock Holmes

For bookings phone 525 8453 Film information may be found at www.villagetheatre.org.nz

Golden Bay weather forecast

Valid from Friday 21 August until Monday 24 August.

- Friday: Light winds. Mainly fine with early frosts. Some cloud for a time later.
- Saturday: Light winds. Mainly fine. Frosty in sheltered places. Briefly mild.
- Sunday: Light northerlies developing. A few cloudy areas otherwise fine and mild for a time.
- Monday: Northerlies freshening in exposed areas with cloud increasing, and milder.

Disclaimer: This forecast is a personal interpretation complied from public information provided by NZ Metservice and other public sources. It is a local forecast and no liability is implied or accepted.

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Coming events at The Mussel Inn

rEOPENING SEPTEMBEr

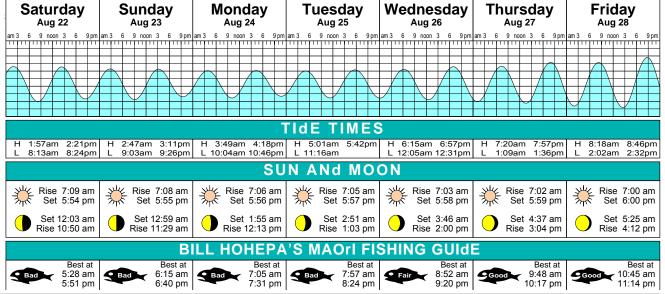
Fri 11th	Welcome back sesh				
Sat 12th	ANNA cOddINGTON. \$20.				
Thurs 17th	ANIKA MOA + SJd. \$30.				
Sat 19th	STr ING WIZArdr Y-HELEN WEBBY (harp) & dAVY STUArT (guitar). \$15.				
Thurs 24th	QUIZ. 7.30pm, all welcome.				
Sun 27th	TOO MANY c HIEFS-WAYNE MASON/ rOB JOASS/ANdrEW LONdON/LAUrA cOLLINS. \$20.				
OcTOBEr					
Sat 3rd	AdAM McGrATH. \$15.				
Thurs 8th	QUIZ. 7.30pm, all welcome.				
Sat 10th	ANTIPOdES (Jake Baxendale and band) \$10.				
Sun 11th	dON McGLASHAN. \$35.				
Check out eventfinda for tickets or email haveabeer@musselinn.co.nz					



AKAK LEGAL

Mr JGR Tidswell or Mr DA Earle will be in attendance at the offices of Warn & Associates 96 Commercial Street, Takaka.

For appointments please phone 0800 GLASGOW 0800 452 746 **Glasgow Harley Solicitors** 38 Halifax Street, Nelson



TAKAKA FUELS & FISHING Bolt Action 22's and air rifles in store now

proudly sponsors Golden Bay Tide Watch

GOLDEN BAY TIDE WATCH - TARAKOHE



50 Commercial Street, Takaka Golden Bay First National Licensed REAA 2008 - MREINZ

Ph: (03) 525 8800

Here at Golden Bay First National we're pretty focussed on "giving back" to our community, in terms of not only making regular donations to community based events, and charities wherever possible, but by donating our time, individually and sometimes collectively as a team to help out where we see the need. The following organisations have been and most continue on a regular basis to be the recipients of either monetary donations and/ or time from our team:

"Wrinklies Express" (GB Community Trust Vehicle), The Cancer Society, Takaka Golf Club, Order of St John, Grey Power, Meals on Wheels, Boredom Busters, Mystery Bike Ride, Takaka Volunteer Fire Brigade, GB Housing Trust, The Whittaker Trust, Autism NZ, Heart Kids, Angels for Children Trust, Takaka Netball, Takaka Basketball, Takaka Squash Club, National Burns Centre, Takaka Athletics Club, Integrated Health Facility, GB Recreation Centre Fundraising, GB A & P Assn, Motupipi School Fundraising, GBHS, Tin Bum Triathlon, TRFC, Fostering Kids NZ, Primary Schools Speech Competition, Collingwood Area School, First National Charitable Foundation, Justice of the Peace Service, Community Notice Board Sponsors, Annual Santa Parade, Grey Power Discounts.

ANd We do a cracking good job at listing and selling properties too!





This month the focus is on "Daffodil Day" which is next Friday 28th August. There will be three stalls in Golden Bay (in Collingwood, outside Take Note and at Fresh Choice.) This is The Cancer Society's Annual Fundraising Appeal. Each year it seems to gather more meaning than the previous year, as we have a greater understanding of how the Society helps Cancer Patients, particularly from those who are close to us who have had first hand experience. This year is no different. For further details on how you can help, contact us anytime 525 8800 or call into our office at 50 Commercial St. If your business would like a Donation Box for your counter, let us know and we'll deliver one.

If you have fresh daffodils for us, please call - we're happy to pick.

BRING YOUR GOLF CLUBS!!



33A SELYWN ST, POHARA **OFFERS INVITED** This 2 bedroom cottage is situated in a great location opposite Pohara Beach. Walk across the road onto the beach or take the clubs & head to the Golf Course! Sarah-Jane Brown 0274 222577 Ref: 3170



Just a few short steps to Patons Rock Beach ... this very tidy and low maintenance holiday home comes fully furnished and ready to use! Call James McKay. James Mackay 027 359 0892



At the end of the cul-de-sac, within walking distance of the golf course, but best of all, its BEACHFRONT! Views from the deck across to Tata Islands & beyond. Just gorgeous! Belinda J Barnes 021 236 2840 Ref: 3377

4 KOWHATU GROVE, POHARA DEADLINE SALE Closes 1st September 4pm (Unless Sold Prior). Either a permanent home or your holiday home - Your choice! Great space inside & out for your living & entertaining fun. Belinda J Barnes 021 236 2840 Ref: 3419

VIEWS THAT WILL IMPRESS!

OPEN HOME Sunday 1.45-2.30pm

TOTALLY TEMPTING AT TATA



38 TATA HEIGHTS, TATA BEACH \$650.000 This contemporary 2 storey, 4 bedroom home is impressive! The layout is ideal with the living & master bedroom situated upstairs for the sea view. Deck on both levels Ref: 3409 Annie Telford 027 249 1408



1/4 SHARE OPPORTUNITY

A FABULOURS OUTLOOK



DODSON RD. CENTRAL TAKAKA \$499.000 This very well presented family home in a private location yet handy to town is just waiting for you! Stunning rura views.3 bedrooms all with ensuites, (permitted for B&B). Brian Taylor 0274 540 355 Ref: 3153



HOLIDAY HOME @ POHARA

782 ABEL TASMAN DRIVE, POHARA \$385,000 The perfect holiday home situated opposite the Pohara Beach. The current owners have undertaken major reno vations to the 2 bedroom beauty & now ready for YOU! Paul McConnon 0275 042 872 Ref: 3399



6 TATA HEIGHTS, TATA \$120.000 PER 1/4 SHARE An opportunity has arisen to purchase a share in the very tidy Tata Beach Bach. It comes fully furnished and ready to use. Call James for further details. James Mackay 027 359 0892 Ref: 3411



20 RUATANIWHA DR. COLLINGWOOD \$225.000 This is a fully serviced section of 991sqm along the front age overlooking the estuary - the perfect setting for your dream home. Landscaping in place with seat & table : Brian Taylor 0274 540 355 Ref: 3322

